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Have You Begun Your Hurricane Preparedness Plan?

Hurricane season is here, beginning June 1, and will last until November 30. Although most storm activity takes place in late August and September, now is the time to make preparations and get your plan in order, Dr. Livers said. If you wait until a storm is approaching, you may forget vital information or supplies. Hurricane experts expect a more active season than usual, with a greater chance of a named storm hitting the continental U.S.

Have you:

- Reviewed family emergency plans and prepared a supply kit with non-perishable food, water, flashlights, batteries and other essential items?
- Put together a list of emergency numbers?
- Made arrangements for pets, keeping in mind the possible need to evacuate or respond?
- Assessed your home to see if any improvements are needed to make it more storm-resistant?
- Reviewed insurance policies and prepared an inventory of belongings in case you have to make a claim later? (Think digital photo inventories.)